

What's On Jan, Feb, Mar 2017

Mondays
23, 30 January
6, 13, 20, 27 February
6, 13, 20, 27 March



Dance Aerobics (Health)
with Marianne King
Time: 7.30pm
Suitable for ages 14+
Tickets: £7 per session, £21 for 3 weeks
or £24 for 4 weeks; concessions available

Mondays
23, 30 January
6, 13, 20, 27 February
6, 13, 20, 27 March



CREATE: LEARN: SPEAK (Class)
Time: 10am
Suitable for ages 16+
Tickets: FREE - booking required

Mondays
6, 13, 20, 27 February
6, 13, 20 February



ACTO YOGA (Health)
with Sarah High-Crofts
Time: 6.30pm
Suitable for ages 16+
Tickets: £6 per session, £25 for 5 weeks

Tuesdays
24, 31 January
7, 14 February



Baby Yoga (Health)
with Alice Parascio
Time: 10am
Suitable for babies from 12 weeks old to crawling
Tickets: £7 per session, £20 for 4 weeks

Tuesdays
7, 14, 21, 28 February
7, 14, 21, 28 March



Mindful Music (Workshop)
Time: 4pm (1-10 years) 5pm (12-16 years)
Suitable for ages 3-16
Tickets: £2.50 for four weeks

Mondays
6, 13, 20, 27 February
6, 13 March



POP-Tales: After School Stories! (family)
Time: 4pm
Suitable for ages 5-10
Tickets: FREE - booking required

Saturday
11 February



Jungle Book (Children's Theatre)
by Indigo Moon Theatre - directed by Steve Topleady
Time: 7pm
Suitable for ages 4+
Tickets: £5 adults, £3 children, £14 family of 4

Wednesdays
15, 22 February
1, 8 March



Little Angel Theatre Presents: Jungle Puppets! (Children's Workshop)
Time: 4pm
Suitable for ages 5-10
Tickets: FREE - booking required

Sunday
19 February



Monski Mouse's Baby Disco Dance Hall (family)
Time: 3pm
Suitable for ages 0-5
Tickets: £3 adult, 3 children go free per adult

Tuesdays
21, 28 February
7, 14, 21 March



Toddler Yoga (Health)
with Alice Parascio
Time: 10am
Suitable for ages 10-18 months
Tickets: £7 per session, £25 for 5 weeks

Thursday
23 February



Pop-Laugh! (comedy)
Time: 7.30pm
Suitable for ages 16+
Tickets: £5 early bird, £8 on the door

Thursday
2 March



Fat Girls Don't Dance (musical)
Time: 7.30pm
Suitable for ages 16+
Tickets: £10, concessions £9

Saturday
4th March



Lights Up! (Music)
Time: 7pm
Suitable for ages 16+, photo ID required
Tickets: £5 early bird (until 22 Feb)
£8 thereafter

Thursday
9, 23 March



Designing and Building Furniture
with MAA and Co-Op (Workshop)
Time: 10am
Suitable for all ages, under 16 must be accompanied by an adult
Tickets: FREE - booking required

Friday 10 March
Saturdays 18 & 25 March



Fabric Printing Fun
with MAA and Co-Op (Workshop)
Time: 10am
Suitable for all ages, under 16 must be accompanied by an adult
Tickets: FREE - booking required

Friday
10 March



Daughters of the Curry Revolution! (theatre)
Time: 7pm
Suitable for ages 6+, under 16 must be accompanied by an adult
Tickets: £8

Saturday
11 March



Michele Drees' Jazz Tap Project (Workshop)
Time: 7.30pm
Suitable for all ages
Tickets: £10 advance, £4 on the door

Friday
17 March



Words in Motion presents: Poetry Goes Pop! (Open Mic - MusicPoetry)
with Vajjala & Simon
Time: 8pm (7.30pm sign up for open mic)
Suitable for ages 14+; under 16 must be accompanied by an adult
Tickets: £4 early bird (until 10 March)
£7 thereafter

Friday 31 March
Saturday 1 April



POP-Com: Short Film Night (film)
Time: 8pm
Suitable for all ages
Photo ID required for all attendees
Photo submissions to be on the door at popcorn@poplarunion.com before 27 Feb

Friday 31 March
Saturday 1 April



Musicjelly: Audio-Visual Music Machine (Music/Workshop)
Time: from 7pm Friday 6-11am Saturday
Suitable for all ages
Tickets: FREE - booking required



The London House and Food of Poplar



Flavors of Workshops



Mix of Things



Learning @ Poplar



Work @ Home



Theatre @ Film



Health @ Wellbeing



Hire!

Our studio and meeting rooms are available for hire with 50% off between January and March 2017. Visit our website or email us for further information. hire@poplarunion.com













